



Springfield College YMCA Professional Studies Minor ▼ 2023-2024

If you matriculated to Springfield College in 2023-2024, use this as a guide for completing the YMCA Professional Studies minor. Requirements listed for this minor are subject to change—use your online degree audit for the most accurate information. Always confirm your plans with your minor advisor or the chairperson of the Social Sciences department.

YMCA Minor – 15 Credits Required

SOCI 133, The YMCA Past, Present, and Future (3 cr)
SOCI 341, Group Work (3 cr)
SOCI 433, YMCA Management (3 cr)

Required Selectives

Select **two courses** (6 credits) from the following:

AEXS 101, Introduction to Applied Exercise Science (3 cr)
AEXS 401, Management of Health/Fitness Programs (3 cr)
BUSM 215, Principles of Management (3 cr)
BUSM 221, Principles of Marketing (3 cr)
BUSM 305, Managerial Supervision (3 cr)
BUSM 347, Marketing Research (3 cr)
BUSM 372, Services Business Managing and Marketing (3 cr)
BUSM 377, Social Media Marketing (3 cr)
BUSM 379, Human Resource Management (3 cr)
SMRT 360, Supervisor Management for Recreation Services (3 cr)
SMRT 365, Venue and Personnel Management (3 cr)
EDUC 237, Foundations of Multicultural Education (3 cr)
EDUC 250, Childhood and Adolescent Development in Educational Settings (3 cr)
HSCI 260, Human Disease and Chronic Illness (3 cr)
HSCI 411, Cultural Competency for Health Professionals (3 cr)
MOST 105, Lifespan Motor Development (3 cr)
MOST 224, Motor Learning and Skill Acquisition (3 cr)
MOST 230, Land Based Outdoor Skills and Teaching Methods (3 cr)
NUSC 261, Introduction to Nutrition (3 cr)
PHED 102, Instructional Strategies in Physical Education (3 cr)
PHED 231, Challenge Course Facilitator (3 cr)
PHED 308, Adapted Physical Education Programming (3 cr)
PHED 330, Coaching Youth Sports (3 cr)
PSYC 330, Human Relations in Organizations (3 cr)
PSYC 340, Child Development (3 cr)
PSYC 406, Psychology of Diversity (3 cr)
PUBH 130, Introduction to Public Health (3 cr)
PUBH 410, Health and Health Care Disparities (3 cr)
PUBH 470, Global Health (3 cr)
RHDS 230, Psychology of Disability and Illness (3 cr)
SMRT 116, Event Management and Promotions (3 cr)
SMRT 120, Recreation Program Planning in Modern Society (3 cr)
SMRT 278, Customer Hospitality (3 cr)
SMRT 280, Community Recreation (3 cr)
SMRT 340, Managing Client Services and Sales (3 cr)
SMRT 350, Marketing and Public Relations for Sport and Recreation Management (3 cr)
SMRT 360, Supervisor Management for Recreation Services (3 cr)
SMRT 365, Venue and Personnel Management (3 cr)
SOCI 210, Social Problems (3 cr)
SOCI 220, Families in Society (3 cr)
SOCI 240, Global Social Issues (3 cr)
SOCI 250, Youth in Society (3 cr)
SOCI 322, Racial and Ethnic Relations (3 cr)