



Springfield College Sequencing Guide Public Health Major (PUBH) ▼ 2020-2021

If you entered Springfield College in 2020-2021, use this guide for sequencing your courses. Requirements are subject to change and may not be offered when listed. Use your online degree audit to verify your progress, and always confirm your plans with your advisor.

GenEd Requirements, Electives, and College Requirements

In addition to the major requirements listed below, you will need to fill the following General Education (GenEd) categories:

- WLPL 100, Exploring Movement & Wellness (1 cr)
- 200-level Wellness & Physical (1 cr)
- 300-level Wellness & Physical (1 cr)
- Literary Studies (3 cr)
- Aesthetic Expression (3 cr)
- Historical and Social (3 cr)
- Spiritual and Ethical (3 cr)
- Themed Explorations (9 cr)

This major typically requires 56 to 58 credits to complete. In addition to the GenEd and major requirements listed, you must complete:

- **32-34 elective credits or more** to total at least 120 credits.
- A **minimum cumulative GPA** of 2.000 or higher
- The **residency requirement**—45 credits taken at Springfield College (including 15 of your last 30)

PUBH Major Requirements – Typical First-Year Schedule

Fall:

SCSM 101, Springfield College Seminar (GenEd requirement – 3 cr)
ENGL 113, College Writing I (GenEd requirement – 3 cr)
PUBH 130, Introduction to Public Health (3 cr)
Plus other GenEds, major requirements with flexible timing, or electives (as applicable) to total approximately 15 credits

Spring:

ENGL 114, College Writing II (GenEd requirement – 3 cr)
Plus other GenEds, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

Fall or Spring:

CISC 115, Microcomputer Applications (3 cr)
MATH 115, College Algebra (3 cr – also fills Quantitative Reasoning GenEd; or MATH 125, 131, or 140)
At least one **Social and Behavioral Science Selective*** course

PUBH Major Requirements – Typical Second-Year Schedule

Fall:

HSCI 225, Biostatistics (3 cr)
Plus other GenEds, major requirements with flexible timing, or electives (as applicable) to total approximately 15 credits

Spring:

HSCI 240, Principles of Epidemiology (3 cr)
Plus other GenEds, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

Fall or Spring:

Two **Natural Science**** courses with labs

PUBH Major Requirements – Typical Third-Year Schedule

Fall:

HLTH 425, Human Disease and Health Promotion (3 cr)
Plus other GenEds, major requirements with flexible timing, or electives (as applicable) to total approximately 15 credits

Spring:

HSCI 320, Health Assessment (3 cr)
HLTH 343, Community Health Education (3 cr)
PUBH 460, Health Law (3 cr)
Plus other GenEds, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

PUBH Major Requirements – Typical Fourth-Year Schedule

<p>Fall: PUBH 410, Health and Health Care Disparities (3 cr) PUBH 475, Maternal and Child Health (3 cr)</p> <p>Plus other GenEds, major requirements with flexible timing, or electives (as applicable) to total approximately 15 credits</p>	<p>Spring: PUBH 470, Global Health (3 cr)</p> <p>Plus other GenEds, major requirements with flexible timing, or electives (as applicable) to total 120 credits for your career</p>
<p>Fall or Spring: HLTH 487, Fieldwork in Health Promotion (6-12 cr) or HSCI 384, Practicum in Health Science (3 cr) HSCI 482, Senior Capstone in Health Science (3 cr – also fills a WAC requirement) or HSCI 494, Research Seminar in Health Science (3 cr)</p>	

Additional PUBH Major Requirements – Flexible Timing

In general, 100- and 200-level courses can be taken first year, 300-level courses can be taken second year or later, & 400-level courses can be taken third year or later.

Select **two courses for Social and Behavioral Science Selectives (6 credits) from the following; it is recommended that students take one selective during their first year of study:*

- PSYC 101 - Introduction to Psychology (3 cr)
- PSYC 109 - Human Development (3 cr)
- PSYC 209 - Social Psychology (3 cr)
- PSYC 320 - Health Psychology (3 cr)
- RHDS 230 - Psychology of Disability and Illness (3 cr)
- SOCI 101 - Introduction to Sociology (3 cr – also fills Historical and Social Literacy GenEd)
- SOCI 210 - Social Problems (3 cr – also fills Historical and Social Literacy GenEd)
- SOCI 240 - Global Social Issues (3 cr – also fills Historical and Social Literacy GenEd)
- SOCI 310 - Environment and Society (3 cr)
- SOCI 330 - Sociology of Health and Health Care (3 cr)
- SOCI 410 - Poverty and Wealth: Class in Society (3 cr)

***Select **two courses for Natural Science Selectives including the concurrent labs** (6-8 credits) from the following (one course with concurrent lab also fills Scientific Reasoning GenEd), it is recommended that students complete these courses by the end of their second year of study:*

- BIOL 101 - Basic Concepts of Modern Biology (3 cr)
- BIOL 102 - Basic Concepts Laboratory (1 cr)
- BIOL 121 - Bioscience I (3 cr)
- BIOL 123 - Bioscience I Laboratory (1 cr)
- BIOL 122 - Bioscience II (3 cr)
- BIOL 124 - Bioscience II Laboratory (1 cr)
- BIOL 130 - Anatomy and Physiology Concepts I (3 cr)
- BIOL 132 - Anatomy and Physiology Concepts I Lab (1 cr)
- BIOL 131 - Anatomy and Physiology Concepts II (3 cr)
- BIOL 133 - Anatomy and Physiology Concepts II Lab (1 cr)
- BIOL 260 - General Ecology (3 cr)
- BIOL 261 - General Ecology Laboratory (1 cr)
- CHEM 101 - Chemistry Survey (3 cr)
- CHEM 102 - Chemistry Survey Laboratory (1 cr)
- CHEM 121 - General Chemistry I (3 cr)
- CHEM 123 - General Chemistry I Laboratory (1 cr)
- CHEM 122 - General Chemistry II (3 cr)
- CHEM 124 - General Chemistry II Laboratory (1 cr)
- ENVS 120 - Foundations of Sustainability (3 cr)
- ENVS 215 - Environmental Geology (4 cr)
- PHYS 205 - Physics for Movement Science (3 cr)
- PHYS 207 - Physics for Movement Science Laboratory (1 cr)
- PHYS 210 - General Physics I (4 cr)
- PHYS 211 - General Physics II (4 cr)