If you are a Psychology major who matriculated to Springfield College in 2016-2017, use this as a guide for sequencing your courses. Requirements listed on this guide are subject to change and may not be offered when listed—use your online degree audit for the most accurate information. Always confirm your plans with your advisor, and consult your advisor or chairperson if you have any questions.

### PSYC Major – Typical First-Year Schedule

**Fall:**
- ENGL 113, College Writing I (3 cr – fills half College Writing GenEd)
- PSYC 101, Introduction to Psychology (3 cr – also fills Behavioral/Social Sciences GenEd)
- Plus GenEds, major requirements with flexible timing, or electives (as applicable) to total approximately 15 credits

**Spring:**
- ENGL 114, College Writing II (3 cr – fills half College Writing GenEd)
- A 100- or 200-level PSYC selective
- Plus GenEds, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

**Fall or Spring:**
- HLTH 100, Wellness: A Way of Life (3 cr – fills Health and Wellness GenEd)
- Quantitative Reasoning GenEd course (3 cr, prerequisite for PSYC 211)

### PSYC Major – Typical Second-Year Schedule

**Fall or Spring:**
- PSYC 211, Introduction to Statistics (3 cr)
- Plus GenEds, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

### PSYC Major – Typical Third-Year Schedule

**Fall or Spring:**
- PSYC 301, Research Methods (3 cr – also fills one WAC requirement)
- Plus GenEds, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

### PSYC Major – Typical Fourth-Year Schedule

**Fall and/or Spring:**
- PSYC 482, Senior Capstone Seminar (3 cr)
- Plus any outstanding major requirements, GenEds, or electives to total a minimum of 120 credits for your career

Requirements continued on next page
**Additional PSYC Requirements – Flexible Timing**

In general, 100-level courses should be taken first or second year; 200-level courses should be taken second year or later; 300- and 400-level should be taken third year or later.

Select one of the following **scientific basis of behavior** courses:

- PSYC 401, Motivation and Learning (3 cr)
- PSYC 405, Physiological Psychology (3 cr)
- PSYC 408, Cognitive Psychology (3 cr)

Select one of the following **developmental processes** courses:

- PSYC 109, Human Development (3 cr)
- PSYC 340, Child Development (3 cr)
- PSYC 345, Adolescent and Young Adult Development (3 cr)

Select one of the following **individual differences** courses:

- PSYC 135, Personality and Personal Adjustment (3 cr)
- PSYC 221, Abnormal Psychology (3 cr)

Select one of the following **social and cultural contexts** courses:

- PSYC 209, Social Psychology (3 cr)
- PSYC 406, Psychology of Diversity (3 cr)
- PSYC 440, Psychology of Sexual Behavior (3 cr)

Select one of the following **applied psychology** courses:

- PSYC 320, Health Psychology (3 cr)
- PSYC 330, Human Relations in Organizations (3 cr)
- PSYC 368, Forensic Psychology (3 cr)
- PSYC 413, Psychological Testing (3 cr – also fills one WAC requirement)
- PSYC 422, Interviewing and Counseling (3 cr)

Select 6 credits of the following **psychology in the larger world** courses:

- PSYC 220, Current Issues in Psychology (1 cr, may be repeated under different topics for a total of 3 credits)
- PSYC 386, Internship and Seminar (2-6 cr may count toward major)
- PSYC 480, Directed Research in Psychology (with permission of the instructor, 2-6 cr may count toward major)

**PSYC Program Standards**

Program standards for the PSYC major include, but are not limited to:
- A grade of C- or above in all courses required for the PSYC major (including selectives)

For more information about these and other program standards, contact your advisor or the PSYC program coordinator.

**GenEd Requirements, Electives, and College Requirements**

This major typically takes 33 credits to complete. In addition to the requirements previously listed, you must complete:

- **Additional GenEds**: 2nd WAC, Computing/Technology, Literary Studies, Visual/Performing Arts, Spiritual/Ethical Dimensions, Natural Sciences, Historical/Cultural Studies, International/Multicultural Studies, Social Justice, and Physical Activity
- **44 elective credits or more** (depending on GenEds and selectives chosen) to total at least 120 credits
- A **minimum cumulative GPA** of 2.000 or higher.
- The **residency requirement**—60 credits taken at Springfield College (including 15 of your last 30)

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