



Springfield College Nutritional Sciences Minor ▼ 2023-2024

If you matriculated to Springfield College in 2023-2024, use this as a guide for completing the Nutritional Sciences minor. Requirements listed for this minor are subject to change—use your online degree audit for the most accurate information. Always confirm your plans with your minor advisor or the chairperson of the Exercise Science and Athletic Training department.

NUTR Minor – 15 Credits Required

AEXS 540, Sports Nutrition (3 cr)
or NUSC 300, Advanced Nutrition and Metabolism (3 cr)
NUSC 261, Introduction to Nutrition (3 cr)
NUSC 361, Applied Nutrition (3 cr)

You must select **2 courses** (6 credits) from the following:

HSCI 240 - Principles of Epidemiology Credits: 3
HSCI 260 - Human Disease and Chronic Illness Credits: 3
NUSC 320 - Nutrition, Community, and Culture Credits: 3
NUSC 410 - Nutrition and Human Development Credits: 3