



Springfield College Health Promotion Minor ▼ 2023-2024

If you matriculated to Springfield College in 2023-2024, use this as a guide for completing the Health Promotion minor. Requirements listed for this minor are subject to change—use your online degree audit for the most accurate information. Always confirm your plans with your minor advisor or the chairperson of the Physical Education and Health Education department.

HLTP Minor – 15 Credits Required

Select **five courses** (15 credits) from the following:

- HLTH 210, Family and Consumer Health (3 cr)
- HLTH 260, Drugs and Society (3 cr)
- HLTH 304, Health Education Methods and Pre-Practicum: PreK-12 (3 cr)
- HLTH 320, Death and Dying, Life and Living (3 cr)
- HLTH 355, Human Sexuality (3 cr)
- HLTH 360, Violence and Bullying /Prevention and Intervention (3 cr)
- *HLTH 365, The Dynamics of Psychosocial Health Issues (3 cr)
- HLTH 510, Race, Ethnicity, Class and Gender (3cr)
- HLTH 515, Hunger and Food Insecurity (3 cr)
- HLTH 520, Rural and Urban Health (3 cr)
- HLTH 525, Human Disease and Society (3 cr)
- HLTH 530, Women’s Health Issues (3 cr)
- HLTH 540, Principles of Nutrition for Health Promotion (3 cr)

HLTH 260, 304, 308, 355, and NUSC 261 are recommended for students seeking health/family and consumer science teacher licensure. Most states require 30 or more credits in health/family and consumer science for teacher licensure. Contact the Office of Educator Preparation and Licensure for more information.

**HLTH 365 is specifically required for Connecticut licensure.*