



Springfield College Sequencing Guide Dance Major (DANC) ▼ 2023-2024

Requirements are subject to change and may not be offered when listed. Use your online degree audit to verify your progress with your advisor.

Core Curriculum Requirements, Electives, and College Requirements

In addition to the major requirements listed below, you will need to fill the following Core Curriculum categories:

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|--|---------------------------------|--------------------------------|------------------------------|
| • 200-level Wellness & Physical (1 cr) | • Literature (3 cr) | • Spiritual and Ethical (3 cr) | • Themed Explorations (9 cr) |
| • 300-level Wellness & Physical (1 cr) | • Quantitative Reasoning (3 cr) | • Historical and Social (3 cr) | ➢ 3 different prefixes |
| | | | ➢ 1 Global course |

This major typically requires 48 credits to complete. In addition to the Core Curriculum and major requirements listed, you must complete:

- **40 elective credits or more** to total at least 120 credits
- A **minimum cumulative GPA** of 2.000 or higher
- The **residency requirement**—45 credits taken at Springfield College (including 15 of your last 30)

Wellness Passport Stamps

All students must complete **24 stamps** upon successful completion of a WLPL 300-level course. Students must complete a minimum of 8 stamps in each of the following domains:

- Mental Wellness
 Physical Wellness
 Meaning and Purpose Wellness

DANC Major Requirements – Typical First-Year Schedule

<p>Fall: SCSM 101, Springfield College Seminar (Core requirement – 3 cr) ENGL 113, College Writing I (Core requirement – 3 cr) DANC 130, Ballet Theory and Technique I (3 cr) DANC 150, Jazz Dance Theory and Technique I (3 cr) DANC 159, Movement Fundamentals and Body Practice (1 cr – fills 100-level Wellness and Physical Core) Plus other Core and major requirements, or electives to total approximately 15 credits</p>	<p>Spring: ENGL 114, College Writing II (Core requirement – 3 cr) DANC 135, Modern and Post-Modern Dance Theory and Technique I (3 cr) DANC 180, African Dance Theory and Technique (3 cr) Plus other Core and major requirements, or electives to total approximately 30 credits for the year</p>
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DANC Major Requirements – Typical Second-Year Schedule

<p>Fall: BIOL 130, Anatomy and Physiology Concepts I (3 cr – also fills Scientific Reasoning Core) BIOL 132, Anatomy and Physiology Concepts I Lab (1 cr – also fills Scientific Reasoning Core) DANC 110, Laban Movement Analysis (3 cr) Plus other Core and major requirements or electives to total approximately 15 credits</p>	<p>Spring: DANC 215, Choreography I (3 cr) Plus other Core and major requirements, or electives to total 30 credits for the year</p>
<p>Fall or Spring: DANC 101, Dance History (3 cr) Plus: Core and major requirements, or electives to total 30 credits for the year.</p>	

DANC Major Requirements – Typical Third-Year Schedule

Fall and/or Spring:

DANC 201, Teaching Dance (3 cr)

Plus Core Curriculums, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

DANC Major Requirements – Typical Fourth-Year Schedule

Fall and/or Spring:

DANC 301, Advanced Dance Seminar (3 cr)

You should select any outstanding major requirements, Core Curriculums, or electives to total a minimum of 120 credits for your career

Additional DANC Major Requirements – Flexible Timing

Select **one course** (3 credits) from the following courses:

MUSC 101, Basic Musicianship (3 cr)

MUSC 108, Music Appreciation (3 cr)

Select **one course** (3 credits) from the following courses:

ARTS 248, Interarts Workshop (3 cr)

DRAM 101, Introduction to the Theater (3 cr)

DRAM 110, Introduction to Acting (3 cr)

DRAM 150, Making Theater in Communities (3 cr)

Select **10 credits** from the following courses:

DANC 151, Jazz Dance Theory and Technique II (1 cr)

DANC 161, Modern and Post-Modern Dance Theory and Technique II (1 cr)

DANC 181, Ballet Theory and Technique II (1 cr)

DANC 210, Short Term Study Abroad in Italy (3 cr)

DANC 216, Choreography II (3 cr, typically taken 3rd or 4th year)

DANC 260, Dance and Somatic Movement Therapy (3 cr)

DANC 280, African Dance Technique and Theory II (1 cr)

DANC 284, Dance Repertory Company (1-4 cr, strongly recommended as a selective)

DANC 300, Ballet Technique and Theory III (1 cr)

DANC 335, Modern Dance Technique and Theory III (1 cr)

DANC 350, Jazz Technique and Theory III (1 cr)

DANC 380, African Diaspora Dance Technique and Theory III (1 cr)

DANC 386, Field Experience – Dance (1-10 cr)

DANC Major - Program Standards

Program standards for the DANC major include, but are not limited to:

- Earned a B- or above in all courses with a **DANC** prefix

For more information about these and other program standards, contact your advisor or the DANC program coordinator.