



Springfield College Sequencing Guide Dance Major (DANC) ▼ 2020-2021

If you entered Springfield College in 2020-2021, use this guide for sequencing your courses. Requirements are subject to change and may not be offered when listed. Use your online degree audit to verify your progress, and always confirm your plans with your advisor.

GenEd Requirements, Electives, and College Requirements

In addition to the major requirements listed below, you will need to fill the following General Education (GenEd) categories:

- WLPL 100, Exploring Movement & Wellness (1 cr)
- 200-level Wellness & Physical (1 cr)
- 300-level Wellness & Physical (1 cr)
- Literary Studies (3 cr)
- Quantitative Reasoning (3 cr)
- Spiritual and Ethical (3 cr)
- Historical and Social (3 cr)
- Themed Explorations (9 cr)

This major typically requires 52 credits to complete. In addition to the GenEd and major requirements listed, you must complete:

- **35 elective credits or more** (depending on GenEds selected) to total at least 120 credits
- A **minimum cumulative GPA** of 2.000 or higher
- The **residency requirement**—45 credits taken at Springfield College (including 15 of your last 30)

DANC Major Requirements – Typical First-Year Schedule

Fall:

SCSM 101, Springfield College Seminar (GenEd requirement – 3 cr)
ENGL 113, College Writing I (GenEd requirement – 3 cr)
DANC 160, Movement Fundamentals (3 cr – strongly recommended)
DANC 284, Dance Repertory Company (1 cr – strongly recommended as a major selective)
Plus other GenEds, major requirements with flexible timing, or electives (as applicable) to total approximately 15 credits

Spring:

ENGL 114, College Writing II (GenEd requirement – 3 cr)

Fall or Spring:

DANC 135, Modern and Post-Modern Dance Theory and Technique I (3 cr)
DANC 150, Jazz Dance Theory and Technique I (3 cr)

DANC Major Requirements – Typical Second-Year Schedule

Fall:

BIOL 130, Anatomy and Physiology Concepts I (3 cr – also fills Natural Sciences GenEd)
BIOL 132, Anatomy and Physiology Concepts I Lab (1 cr – also fills Natural Sciences GenEd)
Plus other GenEds, major requirements with flexible timing, or electives (as applicable) to total approximately 15 credits

Spring:

BIOL 131, Anatomy and Physiology Concepts II (3 cr)
BIOL 133, Anatomy and Physiology Concepts II Lab (1 cr)
Plus other GenEds, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

Fall or Spring:

DANC 101, Dance Appreciation (3 cr)
DANC 110, Laban Movement Analysis (3 cr)
DANC 130, Ballet Theory and Technique I (3 cr)
DANC 215, Choreography I (3 cr)
Plus GenEds, requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

DANC Major Requirements – Typical Third-Year Schedule

Fall and/or Spring:

DANC 201, Teaching Dance (3 cr)

Plus GenEds, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

DANC Major Requirements – Typical Fourth-Year Schedule

Fall and/or Spring:

There are no major requirements specifically recommended for your fourth year. You should select any outstanding major requirements, GenEds, or electives to total a minimum of 120 credits for your career

Additional DANC Major Requirements – Flexible Timing

DANC 301, Advanced Dance Seminar (3 cr; typically taken 3rd or 4th year; also fulfills one WAC requirement)

Select **one course** (3 credits) from the following courses:

MUSC 101, Basic Musicianship (3 cr)

MUSC 108, Music Appreciation (3 cr)

Select **one course** (3 credits) from the following courses:

ARTS 248, Interarts Workshop (3 cr)

DRAM 101, Introduction to the Theater (3 cr – also fills one WAC requirement)

DRAM 110, Introduction to Acting (3 cr)

DRAM 150, Making Theater in Communities (3 cr)

Select **10 credits** from the following courses:

DANC 284, Dance Repertory Company (1-4 cr, strongly recommended as a selective)

DANC 151, Jazz Dance Theory and Technique II (1 cr)

DANC 161, Modern and Post-Modern Dance Theory and Technique II (1 cr)

DANC 181, Ballet Theory and Technique II (1 cr)

DANC 210, Short Term Study Abroad in Italy (3 cr)

DANC 216, Choreography II (3 cr, typically taken 3rd or 4th year)

DANC 260, Dance and Somatic Movement Therapy (3 cr)

DANC 386, Field Experience – Dance (1-10 cr)

DANC Major - Program Standards

Program standards for the DANC major include, but are not limited to:

- Earned a B- or above in all courses with a **DANC** prefix

For more information about these and other program standards, contact your advisor or the DANC program coordinator.