



## Springfield College Sequencing Guide Dance Major ▼ 2018-2019

*If you entered Springfield College in 2018-2019, use this guide for sequencing your courses. Requirements are subject to change and may not be offered when listed. Use your online degree audit to verify your progress, and always confirm your plans with your advisor.*

### GenEd Requirements, Electives, and College Requirements

*In addition to the major requirements listed below, you will need to fill the following General Education (GenEd) categories:*

- |                            |                          |                               |  |
|----------------------------|--------------------------|-------------------------------|--|
| • Wellness - HLTH 100      | • Spiritual and Ethical  | • International/Multicultural | • 2 <sup>nd</sup> Writing Across Curriculum Course |
| • Computing and Technology | • Quantitative Reasoning | • Social Justice              |  |
| • Literary Studies         | • Historical/Cultural    | • Physical Activity           |  |

*This major typically requires 51 credits to complete. In addition to the GenEd and major requirements listed, you must complete:*

- **30 elective credits or more** (depending on GenEds selected) to total at least 120 credits
- A **minimum cumulative GPA** of 2.000 or higher
- The **residency requirement**—60 credits taken at Springfield College (including 15 of your last 30)

### Major Requirements – Typical First-Year Schedule

**Fall:**

ENGL 113, College Writing I (GenEd requirement – 3 cr)  
 BIOL 130, Anatomy and Physiology Concepts I (3 cr – also fills Natural Sciences GenEd)  
 BIOL 132, Anatomy and Physiology Concepts I Lab (1 cr – also fills Natural Sciences GenEd)  
 DANC 101, Dance Appreciation (3 cr – also fills Visual/Performing Arts GenEd)  
 DANC 284, Dance Repertory Company (1 cr – strongly recommended as a major selective)  
 Plus other GenEds, major requirements with flexible timing, or electives (as applicable) to total approximately 15 credits

**Spring:**

ENGL 114, College Writing II (GenEd requirement – 3 cr)  
 BIOL 131, Anatomy and Physiology Concepts II (3 cr)  
 BIOL 133, Anatomy and Physiology Concepts II Lab (1cr)  
 Plus other GenEds, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

**Fall or Spring:**

DANC 135, Modern and Post-Modern Dance Theory and Technique I (3 cr)  
 DANC 150, Jazz Dance Theory and Technique I (3 cr)

### Major Requirements – Typical Second-Year Schedule

**Fall and/or Spring:**

DANC 110, Laban Movement Analysis (3 cr)  
 DANC 130, Ballet Theory and Technique I (3 cr)  
 DANC 215, Choreography I (3 cr)  
 Plus GenEds, requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

### Major Requirements – Typical Third-Year Schedule

**Fall and/or Spring:**

DANC 201, Teaching Dance (3 cr)  
 Plus GenEds, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

### Major Requirements – Typical Fourth-Year Schedule

#### Fall and/or Spring:

There are no major requirements specifically recommended for your fourth year. You should select any outstanding major requirements, GenEds, or electives to total a minimum of 120 credits for your career

### Additional Major Requirements – Flexible Timing

DANC 170, Spanda Yoga and Movement Fundamentals (3 cr)

DANC 301, Advanced Dance Seminar (3 cr; typically taken 3<sup>rd</sup> or 4<sup>th</sup> year; also fulfills one WAC requirement)

*In addition, select **one** of the following courses:*

MUSC 101, Basic Musicianship (3 cr)

MUSC 108, Music Appreciation (3 cr)

*In addition, select **one** of the following courses:*

ARTS 248, Interarts Workshop (3 cr)

DRAM 101, Introduction to the Theater (3 cr – also fills one WAC requirement)

DRAM 110, Introduction to Acting (3 cr)

DRAM 150, Making Theater in Communities (3 cr)

*In addition, select **10 credits** from the following courses:*

DANC 284, Dance Repertory Company (1-4 cr, strongly recommended as a selective)

DANC 151, Jazz Dance Theory and Technique II (1 cr)

DANC 161, Modern and Post-Modern Dance Theory and Technique II (1 cr)

DANC 181, Ballet Theory and Technique II (1 cr)

DANC 210, Short Term Study Abroad in Italy (3 cr)

DANC 216, Choreography II (3 cr, typically taken 3<sup>rd</sup> or 4<sup>th</sup> year)

DANC 260, Dance and Somatic Movement Therapy (3 cr)

DANC 386, Field Experience – Dance (1-10 cr)

### DANC Major - Program Standards

Program standards for the DANC major include, but are not limited to:

- Earned a B- or above in all courses with a **DANC** prefix

For more information about these and other program standards, contact your advisor or the DANC program coordinator.