



Springfield College Adventure Education Minor ▼ 2023-2024

If you matriculated to Springfield College in 2023-2024, use this as a guide for completing the Adventure Education minor. Requirements listed for this minor are subject to change—use your online degree audit for the most accurate information. Always confirm your plans with your minor advisor or the chairperson of the Physical Education and Health Education department.

ADVE Minor – 15 Credits Required

MOST 230, Land Based Outdoor Skills and Teaching Methods (3 cr)
MOST 240, Water Based Outdoor Skills and Teaching Methods (2 cr)
PHED 231, Challenge Course Facilitator (3 cr)
SMRT 375, Adventure Theory and Practice (3 cr)
WLPL 201, Outdoor Pursuits: Becoming Skilled in Wellness and Physical Literacy in the Outdoors (1 cr)

Select a total of 3 credits from the following:

SMRT 120, Recreation Program Planning in Modern Society (3 cr)
WLPL 100, Exploring Wellness Through Movement (1 cr)
WLPL 280, Becoming Skilled in Wellness and Physical Literacy through Outdoor Adventure Activities (1 cr)
WLPL 380, Outdoor Adventure: Leading in Service through Wellness and Physical Literacy (1 cr)