If you entered Springfield College in 2019-2020, use this guide for sequencing your courses. Requirements are subject to change and may not be offered when listed. Use your online degree audit to verify your progress, and always confirm your plans with your advisor.

### GenEd Requirements, Electives, and College Requirements

In addition to the major requirements listed below, you will need to fill the following General Education (GenEd) categories:

- Wellness - HLTH 100
- Computing and Technology
- Literary Studies
- Visual and Performing Arts
- Spiritual and Ethical
- Natural Sciences
- Historical/Cultural
- Social Justice
- Physical Activity
- 2nd Writing Across Curriculum Course

This major typically requires 33 credits to complete. In addition to the GenEd and major requirements listed, you must complete:

- **41 elective credits or more** (depending on GenEds selected) to total at least 120 credits
- **A minimum cumulative GPA** of 2.000 or higher
- **The residency requirement**—45 credits taken at Springfield College (including 15 of your last 30)

### PSYC Major Requirements – Typical First-Year Schedule

**Fall:**
- ENGL 113, College Writing I (GenEd requirement – 3 cr)
- PSYC 101, Introduction to Psychology (3 cr – also fills Behavioral/Social Sciences GenEd)
- Plus other GenEds, major requirements with flexible timing, or electives (as applicable) to total approximately 15 credits

**Spring:**
- ENGL 114, College Writing II (GenEd requirement – 3 cr)
- A 100- or 200-level PSYC selective
- Plus other GenEds, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

**Fall or Spring:**
- Quantitative Reasoning GenEd course (3 cr, prerequisite for PSYC 211)

### PSYC Major Requirements – Typical Second-Year Schedule

**Fall or Spring:**
- PSYC 211, Introduction to Statistics (3 cr)
- Plus GenEds, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

### PSYC Major Requirements – Typical Third-Year Schedule

**Fall or Spring:**
- PSYC 301, Research Methods (3 cr – also fills one WAC requirement)
- Plus GenEds, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

### PSYC Major Requirements – Typical Fourth-Year Schedule

**Fall or Spring:**
- PSYC 482, Senior Capstone Seminar (3 cr)
- Plus any outstanding major requirements, GenEds, or electives to total a minimum of 120 credits for your career

*Requirements continued on next page*
## Additional PSYC Major Requirements – Flexible Timing

In general, 100-level courses should be taken first or second year; 200-level courses should be taken second year or later; 300- and 400-level should be taken third year or later.

Select one of the following scientific basis of behavior courses:
- PSYC 401, Motivation and Learning (3 cr)
- PSYC 405, Physiological Psychology (3 cr)
- PSYC 408, Cognitive Psychology (3 cr)

Select one of the following developmental processes courses:
- PSYC 109, Human Development (3 cr)
- PSYC 340, Child Development (3 cr)
- PSYC 345, Adolescent and Young Adult Development (3 cr)

Select one of the following individual differences courses:
- PSYC 135, Personality and Personal Adjustment (3 cr)
- PSYC 221, Abnormal Psychology (3 cr)

Select one of the following social and cultural contexts courses:
- PSYC 209, Social Psychology (3 cr)
- PSYC 406, Psychology of Diversity (3 cr)
- PSYC 440, Psychology of Sexual Behavior (3 cr)

Select one of the following applied psychology courses:
- PSYC 320, Health Psychology (3 cr)
- PSYC 330, Human Relations in Organizations (3 cr)
- PSYC 368, Forensic Psychology (3 cr)
- PSYC 413, Psychological Testing (3 cr – also fills one WAC requirement)
- PSYC 422, Interviewing and Counseling (3 cr)

Select 6 credits of the following psychology in the larger world courses:
- PSYC 220, Current Issues in Psychology (1 cr, may be repeated under different topics for a total of 3 credits)
- PSYC 386, Internship and Seminar (2-6 cr may count toward major)
- PSYC 480, Directed Research in Psychology (with permission of the instructor, 2-6 cr may count toward major)

## PSYC Major – Program Standards

Program standards for the PSYC major include, but are not limited to:

- A grade of C- or above in all courses required for the PSYC major (including selectives)

For more information about these and other program standards, contact your advisor or the PSYC program coordinator.

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Academic Advising Center
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