



Springfield College Athletic Coaching Minor ▼ 2019-2020

If you matriculated to Springfield College in 2019-2020, use this as a guide for completing the Athletic Coaching minor. Requirements listed for this minor are subject to change—use your online degree audit for the most accurate information. Always confirm your plans with your minor advisor or the chairperson of the Physical Education and Health Education department.

ATCH Minor – 15 Credits Required

First Aid & CPR Certification is required as part of completing the Athletic Coaching minor.

MOST 328, Psychology of Sport (3 cr)
PHED 212, Principles and Problems of Coaching (2 cr)
PHED 344, Athletic Administration (2 cr)
PHED 349, Coaching Practicum (2 cr)

And a **3 credit** Coaching/Officiating course from the following:

PHED 311, Coaching and Officiating Baseball (3 cr)
PHED 314, Coaching and Officiating Football (3 cr)
PHED 317, Coaching and Officiating Basketball (3 cr)
PHED 319, Coaching and Officiating Softball (3 cr)
PHED 321, Coaching and Officiating Track and Field (3 cr)
PHED 322, Coaching and Officiating Volleyball (3 cr)
PHED 323, Coaching and Officiating Wrestling (3 cr)
PHED 326, Coaching Swimming and Diving (3 cr)
PHED 330, Coaching Youth Sports (3 cr)
PHED 337, Coaching and Officiating Field Hockey (3 cr)
PHED 338, Coaching and Officiating Soccer (3 cr)

You must select a minimum of **3 credits** to complete the minor from the following:

AEXS 470, Strength and Conditioning (3 cr)
AEXS 540, Sports Nutrition (3 cr)
ATRN 110, Introduction to Athletic Training (1 cr)
ATRN 114, Risk Management and Prevention (3 cr)
NUSC 361, Applied Nutrition (3 cr)
MOST 105, Lifespan Motor Development (3 cr)
PSYC 530, Psychology of Sport Injury (3 cr)