



## Springfield College Sequencing Guide Public Health Major (PUBH) ▼ 2022-2023

If you entered Springfield College in 2022-2023, use this guide for sequencing your courses. Requirements are subject to change and may not be offered when listed. Use your online degree audit to verify your progress, and always confirm your plans with your advisor.

### Core Curriculum Requirements, Electives, and College Requirements

In addition to the major requirements listed below, you will need to fill the following Core Curriculum categories:

- |  |                               |                                |                              |
|--|-------------------------------|--------------------------------|------------------------------|
| • 100-level Wellness & Physical (1 cr) | • Literature (3 cr)           | • Historical and Social (3 cr) | • Themed Explorations (9 cr) |
| • 200-level Wellness & Physical (1 cr) | • Aesthetic Expression (3 cr) | • Spiritual and Ethical (3 cr) | ➢ 3 prefixes                 |
| • 300-level Wellness & Physical (1 cr) |                               |                                | ➢ 1 Global course            |

This major typically requires 54 to 57 credits to complete. In addition to the Core Curriculum and major requirements listed, you must complete:

- **33-36 elective credits or more** to total at least 120 credits.
- A **minimum cumulative GPA** of 2.000 or higher
- The **residency requirement**—45 credits taken at Springfield College (including 15 of your last 30)

### PUBH Major Requirements – Typical First-Year Schedule

<p><b>Fall:</b> SCSM 101, Springfield College Seminar (Core requirement – 3 cr) ENGL 113, College Writing I (Core requirement – 3 cr) PUBH 130, Introduction to Public Health (3 cr)  Plus other Core and major requirements, or electives to total approximately 15 credits</p>	<p><b>Spring:</b> ENGL 114, College Writing II (Core requirement – 3 cr)  Plus other Core and major requirements, or electives to total 30 credits for the year</p>
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**Fall or Spring:**  
CISC 115, Microcomputer Applications (3 cr)  
MATH 115, College Algebra (3 cr – also fills Quantitative Reasoning Core; or MATH 125, 131, or 140)  
At least one **Social and Behavioral Science Selective** course

### PUBH Major Requirements – Typical Second-Year Schedule

<p><b>Fall:</b> HSCI 225, Biostatistics (3 cr)  Plus other Core and major requirements, or electives to total approximately 15 credits</p>	<p><b>Spring:</b> HSCI 240, Principles of Epidemiology (3 cr)  Plus other Core and major requirements, or electives to total 30 credits for the year</p>
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**Fall or Spring:**  
Two **Natural Science Selective** courses

### PUBH Major Requirements – Typical Third-Year Schedule

<p><b>Fall:</b> HLTH 425, Human Disease and Health Promotion (3 cr)  Plus other Core and major requirements, or electives to total approximately 15 credits</p>	<p><b>Spring:</b> HSCI 320, Health Assessment (3 cr) HLTH 343, Community Health Practices (3 cr)  Plus other Core and major requirements, or electives to total 30 credits for the year</p>
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**Fall or Spring:**  
One **Public Health Selective** course

### PUBH Major Requirements – Typical Fourth-Year Schedule

**Fall:**

PUBH 410, Health and Health Care Disparities (3 cr)  
Plus other Core and major requirements, or electives to total approximately 15 credits

**Spring:**

PUBH 460, Health Law (3 cr)  
Plus other Core and major requirements, or electives to total 120 credits for your career

**Fall or Spring:**

One **Public Health Selective** course  
HLTH 487, Fieldwork in Health Promotion (6-12 cr)  
or HSCI 384, Practicum in Health Science (3 cr)  
HSCI 482, Senior Capstone in Health Science (3 cr – also fills a WAC requirement)  
or HSCI 494, Seminar in Health Science (3 cr – also fills a WAC requirement)

### Additional PUBH Major Requirements – Flexible Timing

Select **two courses for Social and Behavioral Science Selectives** (6 credits) from the following; it is recommended that students take one selective during their first year of study:

PSYC 101 - Introduction to Psychology (3 cr)  
PSYC 109 - Human Development (3 cr)  
PSYC 209 - Social Psychology (3 cr)  
PSYC 320 - Health Psychology (3 cr)  
RHDS 230 - Psychology of Disability and Illness (3 cr)  
SOC 101 - Introduction to Sociology (3 cr – also fills Historical and Social Literacy Core)  
SOC 210 - Social Problems (3 cr – also fills Historical and Social Literacy Core)  
SOC 240 - Global Social Issues (3 cr – also fills Historical and Social Literacy Core)  
SOC 310 - Environment and Society (3 cr)  
SOC 330 - Sociology of Health and Health Care (3 cr)  
SOC 410 - Poverty and Wealth: Class in Society (3 cr)

Select **two courses for Natural Science Selectives including the concurrent labs** (6-8 credits) from the following (one course with concurrent lab also fills Scientific Reasoning Core), it is recommended that students complete these courses by the end of their second year of study:

BIOL 101 - Basic Concepts of Modern Biology (3 cr)  
BIOL 102 - Basic Concepts Laboratory (1 cr)  
BIOL 121 - Bioscience I (3 cr)  
BIOL 123 - Bioscience I Laboratory (1 cr)  
BIOL 122 - Bioscience II (3 cr)  
BIOL 124 - Bioscience II Laboratory (1 cr)  
BIOL 130 - Anatomy and Physiology Concepts I (3 cr)  
BIOL 132 - Anatomy and Physiology Concepts I Lab (1 cr)  
BIOL 131 - Anatomy and Physiology Concepts II (3 cr)  
BIOL 133 - Anatomy and Physiology Concepts II Lab (1 cr)  
BIOL 260 - General Ecology (3 cr)  
BIOL 261 - General Ecology Laboratory (1 cr)  
CHEM 101 - Chemistry Survey (3 cr)  
CHEM 102 - Chemistry Survey Laboratory (1 cr)  
CHEM 121 - General Chemistry I (3 cr)  
CHEM 123 - General Chemistry I Laboratory (1 cr)  
CHEM 122 - General Chemistry II (3 cr)  
CHEM 124 - General Chemistry II Laboratory (1 cr)  
ENVS 120 - Foundations of Sustainability (3 cr)  
ENVS 215 - Environmental Geology (4 cr)  
PHYS 205 - Physics for Movement Science (3 cr)  
PHYS 207 - Physics for Movement Science Laboratory (1 cr)  
PHYS 210 - General Physics I (4 cr)  
PHYS 211 - General Physics II (4 cr)

Select **two courses for Public Health Selectives** (6 credits) from the following:

HSCI 315, Interdisciplinary Perspectives on Aging (3 cr)  
PUBH 470, Global Health (3 cr)  
PUBH 475, Maternal and Child Health (3 cr)